



## Congratulations!

You've made the commitment to achieve your best self.

The SLMsmart Program is simple. First, decide what your weight loss goals are and follow one of these product plans:



▼ Meal Replacement

▼ e9

<b>SLIM -or- MAINTAIN</b>	Substitute 1 meal per day	1-2 sachets per day
<b>LOSE</b>	Substitute 2 meals per day	1-2 sachets per day

For complete SLMsmart Program details, including diet and exercise guidelines, visit: [www.slimsmart.com](http://www.slimsmart.com)