

SLMsmart

MEAL REPLACEMENT

Take the guesswork out of eating right and achieve your ideal weight with Synergy's SLMsmart Meal Replacement for weight control, a carefully formulated shake mix that helps you control your weight. This nutrient-dense, vanilla shake supplies your body with smart calories and is so delicious you'll look forward to every sip.

BENEFITS

- Delivers a balanced array of carbohydrates, fats, and proteins that give you the right amount of energy any time of the day
- Keeps you feeling full for hours
- Contains whey, soy and casein proteins that support the maintenance and growth of lean muscle mass
- Contains fructose which leads to a lower blood glucose rise compared to foods containing sucrose or glucose

KEY INGREDIENTS

Protein Blend

The SLMsmart Meal Replacement features three protein sources: whey, soy and casein. Proteins contribute to the growth and maintenance of muscle mass. The amino acids from whey protein appear in the blood almost immediately after consumption. Soy protein amino acids appear next followed by casein protein. Together, these power-packed ingredients will leave your body feeling satisfied and ready to tackle the day.

Energy Blend

The healthy carbohydrates and fats found in SLMsmart Meal Replacement were strategically formulated to fuel your metabolism and give you the energy that life's demands require. Maltodextrin, canola oil and sunflower oil are just a few of the ingredients that will help you maintain your energy levels, stay satisfied and achieve your target weight.

Vitamin & Mineral Blend

Because SLMsmart Meal Replacement contains essential nutrients found in a balanced meal, including Calcium, Iron, Potassium and B Vitamins, it is able to act as an effective alternate to your normal breakfast, lunch or dinner routine.

INSTRUCTIONS

Mix three (3) rounded scoops into 420 mL of milk or water (or other quantity of water according to personal taste). Do not exceed recommended dose. It is important



to maintain an adequate daily fluid intake. This product is intended for use only as a part of an energy-restricted diet. Other foodstuffs should be a necessary part of such diet. Store in a cool, dry place out of the reach of young children.

FAQ

Can I give this product to my children?

The nutrient levels provided in one serving of this shake are intended to supplement the nutritional needs of an adult for one meal. While this product is safe for most people, this product should not be given to infants or individuals who are allergic to or intolerant of any ingredients included in SLMsmart Meal Replacement.

Is it OK to mix SLMsmart Meal Replacement with something other than milk or water?

Yes. Almond milk, soy milk or other liquids may be substituted if preferred. Fruits, berries, cocoa powder, and other healthy ingredients may also be added to provide variation to your shake.

Why is fructose in SLMsmart Meal Replacement?

Crystalline fructose, also known as fruit sugar, is considered a low glycemic sweetener and improves the taste of the meal replacement shake while providing a beneficial source of energy. Crystalline fructose should not be confused with high-fructose corn syrup.

Are there any ingredients derived from Genetically Modified Organisms (GMOs) in SLMsmart Meal Replacement?

All ingredients in the SLMsmart Health Shake have been verified to be Non-GMO compliant. For Consumer information, any genetically modified ingredient must be indicated on the product label under the EU Regulation on GMO food and feed. The absence of this notification assures our customers that Synergy SLMsmart Meal Replacement is a non-GMO product.